Lifeguard

This Jr. Lifeguard program is directed towards youth between the ages of 12 and 18 years old. Candidates will be given the opportunity to develop teamwork and leadership skills, increase swimming skills, perform rescue techniques and understand the responsibilities of aquatic personnel and first responders.

Ages: 12 years to 18 years old Minimum requirements (Must be able to):

-Swim 100 yards nonstop

-Tread water for 2 minutes nonstop

-Swim down 10 feet

When: 12:30 - 2:30pm M,W,F June 24, 26, 28

Where: The Ranch Pool

2052 Erwin Ranch Rd. Big Bear

Cost: \$85

The Future of Lifesaving!





Sign up today! 41220 Park Ave. Big Bear Lake www.bigbearparks.com (909) 866-9700

