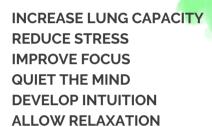
## REATHING





8

Materials and chairs provided. Please bring blanket or sitting pillows. Hoodie or head covering suggested.

When: Saturdays 9:00 - 10:15am

July 6-27, August 10-31, September 7-28

Where: Miller Park - 1178 Chickasaw Rd. Fawnskin

Cost: Adults: \$50 month (4 classes total)

Under 21: \$20 month (4 classes total)

Single class: Adults \$15 cash Youth \$5 cash

Teacher Siri Dharma Galliano is a certified Yoga Therapist.

"I learned it, practiced it, taught it. It has helped me, it can help you." SDG



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